

Transformation

The Art of Building Extraordinary Characters

a five-day journey into complex character interpretation

with International acting coach **Giles Foreman**

and guest teacher **Theo von Bomhard**

INTENSIVE - Wednesday 5th March - Sunday 9th March : 10h-19h @GFC A PARIS

Q : What do Anthony Hopkins, Colin Firth, Lambert Wilson, Helen McCrory, Santiago Cabrera, Michael Fassbender, Pierce Brosnan, Tom Hardy, Gwendoline Christie, and Paul Bettany have in common?

A : The Character Analysis / Movement Psychology work of - YAT MALMGREN



All these actors trained at the legendary *Drama Centre London*, a powerhouse that revolutionised acting in the UK and around the world, with its unique fusion of the American developments of Stanislavski and the extraordinary fifty-year study of human expression conducted by Rudolph Laban and Yat Malmgren.

This work is maintained by the **Giles Foreman Centre for Acting** in London and our sister studio **GFC A Paris**.

We are delighted to bring the work to Paris, with this exciting new concept workshop.

The work of Yat Malmgren leads to a profound ability for the actor to transform both on an inner and outer level, and is an invaluable tool for the actor who believes in character and wishes to be accurate and specific in their work. It is a profound study of human expression, developed initially by Rudolph Laban over 50 years, and completed by Yat Malmgren. It is the only extensive typology of human expression that we know of, and comes complete with an extraordinary set of exercises to aid in those transformations. This work brings Stanislavski together with Laban and his amazing discovery of the fundamental rhythms that produce character.

Laban believed that you can tell who someone is and what they want, by the way they walk into a room!!

It will change the way you view characters, and indeed the world.

The Drama Centre - and now the GFC A - use the work of Strasberg, Meisner and Uta Hagen to bring the work to life, allowing actors to incarnate into an array of characters in a psychologically real and layered way. To that end we are very happy to have with us, the head of acting at GFC A Paris - Theo von Bomhard. He will bring Strasberg's sensory work together with the improvisational brilliance taught him by his mentor Jack Waltzer - to assist in connecting the actor to the various layers in a character, as revealed by the Laban/Malmgren methodology.

This workshop will provide you with an introduction to the fascinating world of Movement Psychology.

"A revolutionary but entirely practicable approach to our material.

I still cannot do my job without it!" ...Colin Firth talking about the process...

FEES & INFOS : personal funding = 620 euros / **FUNDING** : AFDAS - apply by 5 February / **FRANCE-TRAVAIL** apply by 20 February

REGISTER : https://gilesforeman.fr/formulaires/preinscriptions/index.php?id_action=14

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